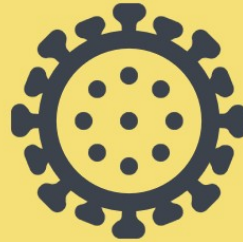


YOUR GUIDE ON THE CORONAVIRUS

*Simple information on the Coronavirus pandemic,
where to go for help, and what role you can take!*

What is COVID-19?

Coronavirus is an infectious disease that is spread from close contact between people. Symptoms are mainly flu like, such as a fever, cough, or having difficulty breathing.



Where can I get tested?

You can contact your healthcare provider if you have symptoms. You can also contact your state's public health department.

What can I do?

- Wash hands frequently
- Wear a mask when leaving the house
- Cover mouth when coughing or sneezing
- Practice social distancing



Why social distance?

Coronavirus is spread easily from person to person. Staying 6 feet away from people and avoiding large groups can help stop the spread. This can especially protect those who are at a higher risk from the virus.

Where can I get more information?

You can visit the CDC website:
<https://www.cdc.gov/coronaviruses/2019-ncov/index.html>
This is a reliable website with sufficient information on the Coronavirus!

